



Pork Avenue[™]

TRAINING PORTAL

Driver & Human Resources Course Catalog

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Driver Safety Courses



The Smith5Keys®

Core Content (60 minutes)

The 5Keys to Forward Motion and Backing is a comprehensive review of our time-tested Smith5Keys® to Space Cushion Driving techniques which provide drivers with a unique insight into common driving errors. Learners respond to questions throughout the course and are tested to measure their content retention.

These concepts have been shown to significantly reduce motor vehicle crash rates, lower company costs and save lives. The content is available in truck and small vehicle format and is offered in 17 languages, including:

English	Thai	French	Polish	Chinese	Swedish
Dutch	German	Hindi	Portuguese	Korean	Czech
Spanish	Arabic	Italian	Turkish	Norwegian	

Driving Series (20 minutes)

Reinforce your driver safety program with the Driving Series from Smith System using The Smith5Keys®. These E-Learning courses are tailored to some of the biggest issues threatening driver safety today.

The titles in this series are:

- Driving The 5Keys® (Small Vehicle, Truck, Utility or Bus & Transit)
- Driving Weather
- Driving Reverse
- Driving Technology
- Driving Family
- Driving Space
- Driving Distracted
- Driving Prepared
- Driving Drowsy
- The 5Keys® to Night Driving

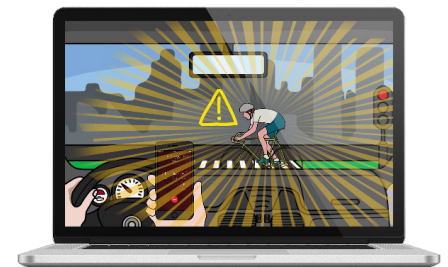


Arrive Alive Safety Series (5 minutes each)

Reinforce your driver safety program with the Arrive Alive Series from Smith System. Designed in a creative whiteboard style, the Arrive Alive series offers a convenient way to improve driver safety using The Smith5Keys.

The titles in this series are:

- Avoiding Intersection Collisions
- Foul Weather Driving
- Avoiding Backing Collisions
- Drowsy Driving
- Following Distance
- Saving Fuel
- Building Effective Seeing Habits
- Proper Positioning in Traffic
- Avoiding a Rear-End Collision
- Emotions and Driving
- Avoiding Distractions
- Margin for Error



Driver Safety Courses



Driver's Alert Driver Safety Suite

Driving a motor vehicle is one of the most dangerous activities we engage in. Today's driver has to work even harder to stay safe by avoiding the temptations of common in-vehicle distractions such as texting, eating and using a GPS. Courses include:

- Accidents and Breakdowns
- Avoiding Rear-End Collisions - Small or Large Vehicles
- Backing - Small or Large Vehicles
- Changing Lanes - Small or Large Vehicles
- Close Quarter Maneuvering - Small or Large Vehicles
- Closing the Loop
- CSA Overview
- Defensive Driving - Small or Large Vehicles
- Delivery Driver Safety
- Distracted Driving
- DOT Driver Compliance
- Driver Fatigue
- Driving Your Brand
- Extreme Driving Conditions - Small or Large Vehicles
- Failure to Yield - Small or Large Vehicles
- Fifteen-Passenger Vans
- Fleet Safety
- Food Service Delivery Driver
- HAZMAT Transportation Part 1, 2 and 3
- Load Securement Part 1 and 2
- Overhead Clearance
- Parking Lot Safety
- Pre-Trip Inspections - Small or Large Vehicles
- Reasonable Suspicion Part 1, 2 and 3
- Responsible Driver Series: Accidents and Breakdowns
- Responsible Driver Series: Collisions
- Responsible Driver Series: Defensive Driving
- Responsible Driver Series: Distracted Driving
- Responsible Driver Series: Food Delivery Safety
- Responsible Driver Series: Harassment
- Road Rage
- Safe Turning for Trucks
- Seat Belt Safety
- Smartphones and Smarter Driving
- Speeding Awareness - Small or Large Vehicles
- Stop Signs and Signals - Small or Large Vehicles
- The 5Keys® to Night Driving
- Tailgating Awareness - Small or Large Vehicles
- Towing Trailers

D.O.T. Compliance

If you have fleet vehicles or drivers who fall under Department of Transportation (DOT) regulations, we have the most current and effective training courses available to reduce risk and ensure compliance. From the Federal Motor Carrier Safety Administration (FMCSA) rules to Electronic Logging Devices (ELDs), you can count on us to keep your fleet in good standing. Courses include:

- Alcohol Awareness
- CSA Overview
- Diet and Exercise
- DOT 2-Hour Reasonable Suspicion Course Package
- DOT Driver Compliance
- Driver Fatigue
- Drug-Free Workplace Part 1, 2 and 3
- HAZMAT Transportation Part 1, 2 and 3
- Reasonable Suspicion Part 1, 2 and 3



Workplace Safety Courses



Workplace Safety

Today's workplace can be extremely dangerous. In fact, hazards can lurk in seemingly safe environments like offices. Thankfully, a well-trained workforce is one of the best ways to protect your employees.

Our E-Learning courses address some of the most common safety issues found in the workplace. From preventing back injuries and asbestos exposure to protecting against heat stress and hearing loss, we help raise awareness so your employees know what to do in virtually any scenario. Courses include:

- Abrasive Wheels and Grinder Safety
- Access to Employee Exposure and Medical Records
- Accident Investigation
- Accident Prevention Signs and Tags
- Aerial Lift Safety
- Alcohol Awareness
- Asbestos Safety
- Atmospheric Testing
- Automated External Defibrillators (AEDs)
- Back Injury Prevention
- Banding and Box Cutter Safety
- Basic Rigging
- Benzene Safety
- Bloodborne Pathogen Safety
- Cold Stress
- Compressed Gas Safety
- Confined Spaces
- CPR
- Crane Safety
- Electrical Safety
- Electrical Safety NFPA 70E
- Emergency Action Planning
- Emergency Action Planning and Fire Safety
- Ergonomics
- Fall Protection Part 1 and 2
- Fire Safety
- First Aid Basics
- Flammable Liquids
- Hand and Power Tool Safety
- Hand, Wrist, and Finger Safety
- Hazard Communication
- Hearing Conservation
- Heat Stress
- Housekeeping – Industrial
- Housekeeping – Office
- Housekeeping for Workplace Safety
- Housekeeping – Vehicle
- Hydrogen Sulfide
- Industrial Ergonomics
- Infectious Disease Prevention at Work
- Injury and Illness Prevention Programs (I2P2)
- Intro to OSHA
- Job Safety Analysis
- Ladder Safety
- Loading Dock Safety
- Lockout Tagout
- Machine Guarding
- Materials Handling Safety
- Mercury Safety
- Occupational Exposure to Lead
- Office Ergonomics
- Office Safety
- Pallet Jacks
- PCB Awareness
- Powered Industrial Trucks (Forklifts) Overview
- PPE
- Pre-Task and Daily-Task Analyses
- Preventing Overexertion, Strains, and Sprains
- Proper Hand-Washing
- Respiratory Protection
- Safe Lifting in the Workplace
- Scaffolding Safety
- Silica Awareness
- Slips, Trips, Falls
- Spill Prevention, Control, Countermeasure
- Static Electricity
- Stormwater Pollution Prevention
- Struck-By/Caught-Between Hazards
- Trenching and Excavation Part 1 and 2
- Universal Waste
- Walking Working Surfaces
- Warehouse Safety
- Welding, Cutting, Brazing, and Hot Work
- Working Over or Near Water
- Workplace Safety Orientation

Professional and Personal Development Courses



Health & Wellness

Maintaining a sound mind and body is crucial to performing well on the job. With the hectic pace of modern life, it's easy to make poor choices that lead to an unhealthy lifestyle. Setting aside time in your schedule to exercise regularly, eating a well-balanced diet, limiting or avoiding alcohol consumption, quitting tobacco use, and managing stress are keys to a successful career and overall life.

- Alcohol Awareness
- Diet and Exercise
- Stress
- Tobacco and Smoking

HR & Leadership Development

Our HR / Leadership Development training will help your employees succeed at working together as a team in a healthy, effective manner. From coaching skills and delivering feedback to delegation and sexual harassment, you can count on our training courses to get your employees the knowledge they need to successfully function in a group.

Courses include:

- Change Agility
- Coaching Skills
- Creating a Training Plan
- Delegation
- Delivering Feedback
- Diversity
- Drug-Free Workplace
- Effective Communication
- Goal Setting
- Sexual Harassment Part 1, 2, 3 and 4
- Social Sensitivity
- Workplace Violence Prevention